MSDP

Psychotherapy Progress Note
Revision Date: *3-7-09*

Person's Name (First / MI / Last): Ramirez, Joel	**Record #: 1234**	**DOB: 1/15/07**

Organization Name: Children and Family Services of Boston

Modality	☐ Individual ☒ Family ☐ Couple
List Names of Persons Present	☒ Person Present ☐ Person No Show ☐ Person Cancelled ☐ Provider Cancelled Explanation: ☒ Others Present (please identify name(s) and relationship(s) to Person): mother

Person's report of progress towards goals /objectives since last session:
"I practiced my breathing and could do it'"

New Issue(s) Presented today: ☐ None Reported ☐ New Issue resolved, no CA update required ☒ CA Update Required
Joel's mother reported that Joel had a sick child visit due to upper respiratory infection and that the pediatrician did some testing and diagnosed Joel with asthma.

Person's Condition	No Significant Changes Reported or Observed	Notable	Changes in Person's Condition
Mood/Affect:	☒	☐	
Thought Process /Orientation:	☒	☐	
Behavior/Functioning:	☐	☒	Joel appeared to be very active, more than normal.
Medical Condition:	☒	☐	
Substance Use: ☒ NA	☐	☐	

Risk Assessment
Danger To: ☒ None **OR** Check all that apply below and record action taken in Therapeutic Interventions section below
☐ **Self**: ☐ Ideation ☐ Plan ☐ Intent ☐ Attempt - Comments:
☐ **Others**: ☐ Ideation ☐ Plan ☐ Intent ☐ Attempt / ☐ **Property**: ☐ Ideation ☐ Plan ☐ Intent ☐ Attempt

Goal(s) Addressed as Per Individualized Action Plan:

☒ Goal 2
- ☐ Objective 1 ___
- ☒ Objective 2 ___
- ☐ Objective 3 ___
- ☐ Objective ___

☒ Goal 1
- ☒ Objective 1 ___
- ☐ Objective 2 ___
- ☐ Objective 3 ___
- ☐ Objective ___

Therapeutic Interventions Delivered in Session: Joel was actively engaged in practicing his deep breathing. He did this 3 times and brought a favorite stuffed animal with him to practice, too. Joel taught his stuffed animal how to do deep breathing and was able to reinforce his own skills by demonstrating this.
Throughout the seesion, Joel was visually cued to look at this clinician while speaking to her. This clinician praised Joel every time he was able to do this. Joel, with verbal cues, was also able to use his talking object (he chose a male doll). when it was his turn to talk

Person's Response to Intervention/Progress Toward Goals and Objectives: Joel was able to follow a visual cue to look at this clinican 3 times during the session. In addition, he ws able to utilize his doll to be a talking object for him and he was successful in using this object for the majority of the session, with prompts.

Plan / Additional Information (*Indicate action plan between sessions***):** Joel will continue to practice his deep breathing at home 4 times during the week with his mother's coaching. He will also use his talking object at home when he needs to communicate.

Provider - Print Name/Credential: Jane Doe, LMHC		**Supervisor - Print Name/Credential** (if needed):	
Provider Signature:	**Date:** 5/1/13	**Supervisor Signature** (if needed):	**Date:**
Person's Signature (Optional, if clinically appropriate):	**Date:**	**Next Appointment:** **Date:** 5/8/13 - **Time:** 2:30 ☐ **am** ☒ **pm**	

☐ **Medicare "Incident To" Services Only** *(If Applicable)*:

Name and credentials of supervising professional on Site:

Date of Service	Provider Number	Loc. Code	Prcdr. Code	Mod 1	Mod 2	Mod 3	Mod 4	Start Time	Stop Time	Total Time	Diagnostic Code
5/1/13	135	S1						2:30 pm	3:15 pm	45 min	299.80